Information For the Use Levonorgestrel (1.5mg) Smilepill 72 Tablet

Levonorgestrel (1.5 mg) Tablet

Generic Name:

Levonorgestrel

Strength:

1.5 mg

Formulation:

Oral tablet

Uses:

Levonorgestrel 1.5 mg is primarily used as an **emergency contraceptive** to prevent pregnancy after unprotected intercourse or contraceptive failure. It is also referred to as the "morning-after pill."

1. Emergency Contraception:

- Prevents pregnancy when taken within
 72 hours (3 days) after unprotected sex or contraceptive failure (e.g., condom breakage, missed birth control pill).
- More effective the sooner it is taken after unprotected sex.

2. Regular Birth Control (in higher doses):

 When taken in specific doses and regimens, it can be used as part of regular contraceptive methods, although this specific 1.5 mg dose is typically for emergency use.

Mechanism of Action:

Levonorgestrel is a **synthetic progestin**, a type of hormone similar to the hormone **progesterone**. It works by:

- **Preventing Ovulation:** Inhibits the release of an egg from the ovary, preventing fertilization.
- Altering the Uterine Lining: Makes the uterine lining less receptive to a fertilized egg, reducing the chances of implantation.
- **Thickening Cervical Mucus:** Makes it more difficult for sperm to reach the egg.

Dosage:

- Typical Dose:
 - 1.5 mg as a single dose, taken as soon as possible after unprotected sex or contraceptive failure.
 - The tablet can be taken with or without food.
 - Most effective when taken within 72 hours but may still be effective if taken up to 120 hours (5 days) after intercourse.
- It is important to **take the pill as soon as possible** after the incident to maximize effectiveness.

Precautions:

- Not for Regular Contraceptive Use:
 - Levonorgestrel 1.5 mg is **not** intended for regular birth control use, but rather for emergency situations.
- Pregnancy:
 - Should not be taken if you are already pregnant. If you suspect you are pregnant, a pregnancy test is advised before taking the pill.
- Existing Health Conditions:

- Inform your healthcare provider if you have a history of liver disease, ectopic pregnancy, or blood clotting disorders.
- Breastfeeding:
 - Generally considered safe to use while breastfeeding, but it is always recommended to consult with a healthcare provider.

Side Effects:

- Common:
 - Nausea or vomiting
 - o Headache
 - Abdominal pain or cramping
 - Fatigue
 - o Dizziness
- Less Common:
 - Breast tenderness
 - Irregular bleeding or spotting
 - Changes in menstrual cycle
- Serious (Seek Medical Attention):
 - Severe abdominal pain (could indicate an ectopic pregnancy)
 - Difficulty breathing or swelling of the face and throat (signs of a serious allergic reaction)

- Keep in its original packaging, protected from light and moisture.
- Keep out of reach of children.

Note:

- Emergency contraception is not an abortion pill and will not be effective if you are already pregnant.
- It is not intended as a regular form of birth control and should not be used as such. For regular contraception, consider long-term options such as birth control pills, IUDs, or condoms.
- If vomiting occurs within **2 hours** of taking the tablet, another dose may be needed. Consult with a healthcare provider for guidance.

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Drug Interactions:

Levonorgestrel may interact with certain medications, including:x`

- Anticonvulsants (e.g., phenytoin, carbamazepine)
- Antibiotics (e.g., rifampin)
- HIV medications (e.g., ritonavir)

Always inform your healthcare provider of any medications you are currently taking to avoid interactions.

Storage:

• Store at **20°C to 25°C** (68°F to 77°F).